

WHY WRITE THE BIBLE?

Have you ever opened your Bible and thought “Where do I start?” We have!

Over the past few years we have experimented with different ways of building life-giving spiritual rhythms into our daily lives. We now find great joy and encouragement in writing out bits of the Bible, as well as recording our thanksgivings and taking time to pray each day.

There are so many benefits to writing by hand:

- it helps you retain information more easily
- it engages your brain in a more active and full way and
- it often sparks creativity.

Writing out the Bible is a powerful practice. There’s something about seeing God’s Word written in our own handwriting that can speak to us in a new way. It doesn’t have to be perfect and the results don’t have to look pretty. You can do it first thing in the morning, last thing at night or while you’re waiting for your tea to brew!

Why not give it a go?

HERE’S WHAT TO DO EACH DAY:

1. **Thanksgiving** - Start the day by writing down the things you are thankful for, big or small.
2. **Write the Word** - Grab a Bible and find the passage for that day. Write it out in your notebook.
3. **Reflect** - You could highlight words that stand out to you, or ask the question “What challenges me or gives me hope in the passage?”
4. **Respond** - Sometimes this looks like writing a prayer, or making a note of an action you want to take as a result of what you’ve read, or heard God say.

And one day a week:

Rest - Take a day to rest, reflect or catch up. Oh, and don’t worry if you miss a day; we’re not about perfection here!

This practice can grow as much as you like; there is no blue-print so feel free to be flexible and get creative!

1 John

BIBLE WRITING PLAN

The books of 1, 2 and 3 John are all thought to have been written by John, one of Jesus' disciples. 1 John is the longest of the three and was written to some house churches that John was overseeing at the time.

The content of this poetic sermon is clearly inspired by Jesus' final speech (which you can read in chapters 13-17 of the Gospel of John) and focuses on the themes of God being LIGHT, LOVE and TRUTH.

Day 1 1:1-4	Day 8 2:15-17	Day 15 3:14-16	Day 22 4:17-21
Day 2 1:5-7	Day 9 2:18-20	Day 16 3:17-20	Day 23 5:1-5
Day 3 1:8-2:2	Day 10 2:21-26	Day 17 3:21-24	Day 24 5:6-8
Day 4 2:3-6	Day 11 2:27-3:1	Day 18 4:1-3	Day 25 5:9-12
Day 5 2:7-8	Day 12 3:2-6	Day 19 4:4-6	Day 26 5:13-15
Day 6 2:9-11	Day 13 3:7-10	Day 20 4:7-12	Day 27 5:16-17
Day 7 2:12-14	Day 14 3:11-13	Day 21 4:13-16	Day 28 5:18-21

WHAT'S NEXT?

As well as creating free Bible Writing Plans like this one, we also make printed journals for adults and kids with space for your daily Thanksgivings, Bible Writing, Reflection and Response.

Our journals take all the decision-making away so you can just focus on time with Jesus.

Head over to www.rooteddailyjournal.co/shop
to buy a journal today.