

## WHY WRITE THE BIBLE?

Have you ever opened your Bible and thought “Where do I start?” We have!

We always struggled to be consistent in our Bible reading and, by talking to others, found that we were definitely not alone. After Bryony heard the author Lara Casey speak about the power of ‘Writing the Word’, she decided to give it a go.

There are so many benefits to writing by hand. It helps you retain information more easily, it engages your brain in a more active and full way and it often sparks creativity.

We know now that writing the Bible is powerful stuff. There’s something about seeing God’s Word written in our own handwriting that can speak more powerfully to us than just by reading it. It doesn’t have to be perfect and the results don’t have to look pretty. You can do it first thing in the morning, last thing at night or while you’re waiting for your tea to brew!

We are now reading and writing the Bible nearly every day, not because we are super holy or disciplined but simply because we are doing something simple! And it’s changing us.

Why not give it a go?

## WHERE DO I START?

In our journals, each day starts with **Thanksgiving**. This is an opportunity to note down the things we are thankful to God for; they might be as small as a hot cup of coffee or as big as an answer to a prayer you’ve been praying for months.

Next we grab our Bibles (any translation will do), find the passage and **Write the Word**.

Then we take some time to **Reflect** on what we’ve written. We highlight words that stand out to us, ask the question “What does this show me about the Holy Spirit?” and often finish by thanking God for His Word.

Finally, we **Respond**. Sometimes this looks like us writing a prayer, or making a note of an action we want to take as a result of what we’ve read, or heard God say.

This practice can grow as much as you like; there is no blue-print so feel free to be flexible and get creative!

*Who does God say He is?*

**ROOTED**  
*Daily Journal Co.*

## BIBLE WRITING PLAN

Lent reflects Jesus' temptation in the wilderness for 40 days and was traditionally a period of preparation before new believers were baptised on Easter Day. All over the world people still observe Lent as a time to focus on Jesus' journey to the cross. Many choose to give up certain pleasures so that they can embrace suffering and focus their hearts and minds.

This Bible Writing Plan is designed to help us lift our eyes from our own circumstances and focus on who God says He is. Our hope is that these verses will help us grow our vision of God, rather than letting the circumstances of life cloud our view of Him.

<b>Day 1</b>   2 Samuel 22:2-4	<b>Day 17</b>   Philippians 2:5-8	<b>Day 32</b>   Rest and reflect
<b>Day 2</b>   Psalm 72:18-19	<b>Day 18</b>   Philippians 2:9-11	<b>Day 33</b>   John 15:1-4
<b>Day 3</b>   Joshua 1:8-9	<b>Day 19</b>   Rest and reflect	<b>Day 34</b>   1 John 4:7-10
<b>Day 4</b>   2 Samuel 22:31-35	<b>Day 20</b>   Hebrews 1:1-4	<b>Day 35</b>   Matthew 9:35-38
<b>Day 5</b>   Rest and reflect	<b>Day 21</b>   Jeremiah 10:12-13	<b>Day 36</b>   John 4:13-14
<b>Day 6</b>   Psalm 150:1-6	<b>Day 22</b>   Psalm 111:2-5	<b>Day 37</b>   Matthew 6:9-15
<b>Day 7</b>   2 Peter 3:8-9	<b>Day 23</b>   1 John 1:5	<b>Day 38</b>   1 Chronicles 29:11
<b>Day 8</b>   James 1:16-17	<b>Day 24</b>   Exodus 15:2-3	<b>Day 39</b>   Rest and reflect
<b>Day 9</b>   Psalm 118:27-29	<b>Day 25</b>   Psalm 33:20-22	<b>Day 40</b>   Matthew 26:6-12
<b>Day 10</b>   Micah 7:18-19	<b>Day 26</b>   Rest and reflect	<b>Day 41</b>   Matthew 26:27-29
<b>Day 11</b>   Psalm 68:4-6	<b>Day 27</b>   Ephesians 3:20-21	<b>Day 42</b>   Luke 22:39-44
<b>Day 12</b>   Rest and reflect	<b>Day 28</b>   Revelation 5:13	<b>Day 43</b>   Mark 14:60-62
<b>Day 13</b>   Acts 2:22-24	<b>Day 29</b>   Luke 2:8-12	<b>Day 44</b>   Matthew 27:50-54
<b>Day 14</b>   Job 12:7-10	<b>Day 30</b>   Isaiah 9:6-7	<b>Day 45</b>   1 Timothy 1:15-17
<b>Day 15</b>   Job 36:22-26	<b>Day 30</b>   Matthew 3:13-17	
<b>Day 16</b>   1 Corinthians 3:9-11	<b>Day 31</b>   John 10:14-16	